**Ghyll Head Packed Lunch Sheets**

To give greater choice, and reduce waste on uneaten sandwiches, we offer a selection of sandwiches for packed lunches.

**Please choose one sandwich option for each day** from the daily sandwich sheets attached. There is one sheet per instructional group which allows instructors to collect their own team’s sandwiches each morning.

**Please use the Ghyll Head template provided (not your own) and please be mindful of data protection - use first names with initial only. Thanks.**

There are labelled tabs at the bottom of the spreadsheet for each day.

Packed lunches are not provided on the day of your arrival, children will need to be told to bring their own.

Don’t forget staff lunch choices!

**Please return your choices by email 2 weeks prior to your residential** - this will ensure we can meet all dietary requirements. After this time – we cannot guarantee your choices!

Please send to ghyllhead@gll.org

*Allergens: Please note we have a comprehensive list of ingredients and allergen information for all meals provided, if you require more information please contact the office.*

*Some fillings may contain nuts. The mayonnaise contains egg, mustard and milk.*